

**From the Desk of**  
**Dr. Dennis Hannon, D.C.**  
**Chairperson**  
**NANKA Medical Advisory Committee**

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June 29, 2021

**New Los Angeles County Face Mask Recommendations**

Los Angeles County recommends wearing face mask regardless of vaccination status as Delta variant spreads. The recommendation is a step backward from current guidelines that allow fully vaccinated individuals to go maskless in most settings.

Officials in Los Angeles County, are strongly recommending everyone wear masks or face coverings in indoor public places, regardless of their vaccination status, due to the rapid spread of the most transmissible Delta coronavirus variant.

“Public Health strongly recommends people wear masks indoors, until we better understand how and to whom the Delta variant is spreading. Everyone should focus on maximum protection with minimum interruption to routine as all businesses operate without other restrictions, like physical distancing and capacity limits,” Los Angeles Public Health.

This recommended guideline only applies to NANKA Dojo’s in Los Angeles County.

This announcement has been approved by:

Mr. Keith Chu – President Nanka Yudanshakai  
Dr. Dennis Hannon – Chairperson, NANKA Medical Advisory Committee